Facial Plastic & Reconstructive Surgery Update 2019: How I do it...

Saturday, November 2, 2019 7:30 am – 5:00 pm
Li Ka Shing Knowledge Institute, 209 Victoria Street, Toronto
Keenan RC Allan Waters Auditorium

FACIAL INJECTABLE WORKSHOP

Friday, Nov 1, 2019 4:00 pm – 6:00 pm
Face Toronto Cosmetic Surgery
251 Davenport Road, Toronto
COURSE DESCRIPTION
This course is designed for the practicing otolaryngologist, plastic surgeon, dermatologist, and oculoplastic surgeon who wishes to enhance his or her knowledge of various topics spanning the different subspecialties of facial plastic surgery including rhinoplasty, facial rejuvenation, otoplasty, and local flap reconstruction. The material will be presented via didactic lectures followed by audience participation in question and answer sessions along with panel discussions on management of interesting cases.

COURSE OBJECTIVES
After active participation in this update meeting, participants will be able to:

• Discuss in depth the current concepts and techniques in aesthetic and reconstructive facial plastic surgery
• Tackle difficult rhinoplasties in both primary and secondary cases with expert guidance
• Accurately select appropriate candidates for aesthetic and reconstructive facial plastic surgery procedures and skin cases
• Understand the relevant anatomy important to the surgical and non-surgical techniques in facial rejuvenation and reconstruction to add predictability and safety to these procedures
**Course Directors**

Dr. Richard Rival, Lecturer and President of CAFPRS  
Dr. Jamil Asaria, Lecturer  
Dr. Yvonne Chan, CPD Director and Associate Professor

**Planning Committee**

Dr. Michael Brandt, Asst. Professor, OHNS  
Dr. Julia Carroll, Lecturer, Dermatology, DOM  
Dr. Andres Gantous, Assoc. Professor and Division Head, FPRS  
Dr. Harmeet Gill, Asst. Professor, Ophthalmology & Vision Science  
Dr. Sunita Rai, PGY-5 Resident, OHNS

**Course Faculty**

**Course Faculty**

*Department of Otolaryngology - Head & Neck Surgery*

University of Toronto

Dr. Peter Adamson, Professor  
Dr. Jamil Asaria, Lecturer  
Dr. Ashlin Alexander, Lecturer  
Dr. Mathew Brace, Lecturer  
Dr. Michael Brandt, Asst. Professor  
Dr. Andres Gantous, Assoc. Professor  
Dr. Richard Rival, Lecturer  
Dr. Sean Hashemi, Fellow, OHNS

**Course Faculty**

University of Toronto

Dr. Julia Carroll, Lecturer, Dermatology, DOM  
Dr. Harmeet Gill, Asst. Professor, Ophthalmology & Vision Science

**Course Faculty**

Dr. Kal Ansari  
Program Director and Associate Professor  
Division of Otolaryngology  
University of Alberta

Dr. Victoria Hayward  
Staff Surgeon  
Southlake Regional Health Centre

Dr. Corey Moore  
Associate Professor and Division Chief  
Facial Plastic & Reconstructive Surgery  
University of Western Ontario

Dr. Mark Taylor  
Professor and Interim Division Head  
Division of Otolaryngology – Head & Neck Surgery  
Dalhousie University

Dr. Kristina Zakhary  
Faculty of Medicine  
University of Calgary

Dr. Nabil Fanous  
Associate Professor  
Department of Otolaryngology – Head & Neck Surgery  
McGill University

Dr. Rick Jaggi  
Adjunct Clinical Professor  
Division of Otolaryngology  
University of Saskatchewan

Dr. Mark Samaha  
Associate Professor  
Department of Otolaryngology – Head & Neck Surgery  
McGill University

Dr. Jonathan Trites  
Associate Professor  
Division of Otolaryngology – Head & Neck Surgery  
Dalhousie University
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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>07:30</td>
<td>Registration/Welcome Breakfast</td>
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<tr>
<td>07:50</td>
<td>Welcome &amp; Introduction</td>
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<td></td>
<td>Dr. R. Rival and Dr. I. Witterick</td>
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<tr>
<td>07:30</td>
<td><strong>Session I: Rhinoplasty</strong></td>
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<td>Chair: Dr. A Gantous</td>
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<tr>
<td>08:00</td>
<td>Facial Analysis for Rhinoplasty</td>
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<td>08:15</td>
<td>Open Rhinoplasty: Key Technical Points</td>
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<td>08:30</td>
<td>Closed Approach Rhinoplasty: Key Technical Points</td>
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<td>08:45</td>
<td>Nasal Fractures and the Deviated Nose</td>
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<td>09:00</td>
<td>Q&amp;A</td>
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<td>09:15</td>
<td>Tip Maneuvers in Rhinoplasty</td>
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<td>09:30</td>
<td>Dorsal Reduction and Reconstruction</td>
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<td>09:45</td>
<td>Rib Graft in Rhinoplasty: How I do it</td>
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<td>10:00</td>
<td>Preservation Rhinoplasty: My Experience So Far</td>
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<td>10:15</td>
<td>Ultrasonic Rhinoplasty using the Piezo</td>
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<td>10:45</td>
<td>Refreshment</td>
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**Session II: Nasal/Facial Reconstruction Panel Discussion and Questions**

11:00-11:45 Chair: Dr. M. Brandt
Panelists: Dr. K. Ansari, Dr. V. Hayward, Dr. R. Jaggi, Dr. M. Taylor, Dr. J. Trites

11:45-12:15 **C.A.F.P.R.S Lecture of Honour**
Facial Plastic Surgery: Past, Present and Future Dr. P. Adamson

12:15-1:00 Lunch with Exhibitors
### Session III: Minimally Invasive Techniques in Facial Rejuvenation & Otoplasty

**Chair:** Dr. M. Taylor

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>1:00-1:15 pm</td>
<td>Incisionless Otoplasty: How I do it</td>
<td>Dr. A. Gantous</td>
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<tr>
<td>1:15-1:30</td>
<td>Adding Injectables into Your Existing Practice</td>
<td>Dr. M. Brandt</td>
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<tr>
<td>1:30-1:45</td>
<td>Starting A Facial Aesthetic Practice in 2019</td>
<td>Dr. M. Brace</td>
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<tr>
<td>1:45-2:00</td>
<td>How I Discuss Blindness with my Patients - an Update on Blindness Associated with Fillers</td>
<td>Dr. J. Carroll</td>
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<td>2:00-2:15</td>
<td>Q&amp;A</td>
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<tr>
<td>2:15-2:30</td>
<td>Lips: How I do it</td>
<td>Dr. A. Alexander</td>
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<td>2:30-2:45</td>
<td>Tear Troughs: How I do it</td>
<td>Dr. J. Asaria</td>
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<td>2:45-3:00</td>
<td>My Approach to Improving the Female Lower Face and Jawline Using Fillers</td>
<td>Dr. J. Carroll</td>
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<td>3:00-3:15</td>
<td>Q&amp;A</td>
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<td>3:15-3:30</td>
<td>Refreshment</td>
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### Session IV: Facial Rejuvenation Surgery

**Chair:** Dr. N. Fanous

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<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>3:30-3:45 pm</td>
<td>Lower Blepharoplasty: How I do it</td>
<td>Dr. H. Gill</td>
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<tr>
<td>3:45-4:00</td>
<td>Upper Blepharoplasty: How I do it</td>
<td>Dr. M. Taylor</td>
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<td>4:00-4:15</td>
<td>Facelift: Deep Plane Technique</td>
<td>Dr. M. Samaha</td>
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<td>4:15-4:30</td>
<td>Facelift: My Technique Incorporating Fat Grafting</td>
<td>Dr. J. Asaria</td>
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<td>4:30-4:45</td>
<td>Rejuvenation of the Forehead and Brow: My Approach</td>
<td>Dr. N. Fanous</td>
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<td>4:45-5:00</td>
<td>Q&amp;A</td>
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<td>5:00 pm</td>
<td>Meeting Adjourn</td>
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FACIAL INJECTABLE WORKSHOP $200
Friday, Nov 1, 2019 4 – 6 pm
Course Director: Dr. Jamil Asaria

WORKSHOP DESCRIPTION
This workshop is designed for the practicing otolaryngologist who wishes to enhance his or her knowledge in facial rejuvenation. The material will be presented via a didactic lecture on review of critical anatomy and aesthetic goals. This will be followed by presentation of current techniques in facial neuromodulator and filler injection using live demonstrations in a small group setting.

WORKSHOP OBJECTIVES
After active participation in this update meeting, participants will be able to:

• Discuss the critical anatomy relevant for facial injection
• Present current techniques in facial modulator and facial filler injective for facial rejuvenation
• Review possible complications and their management algorithms
Disclosure

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of the program.

Accreditation

Continuing Professional Development (CPD), Faculty of Medicine, University of Toronto, is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME), a subcommittee of the Committee on Accreditation of Canadian Medical Schools (CACMS). This standard allows CPD to assign credits for educational activities based on the criteria established by The College of Family Physicians of Canada, and the Royal College of Physicians and Surgeons of Canada. As a result of a reciprocal agreement between the Royal College of Physicians and Surgeons of Canada, The American Medical Association, and The European Union for Medical Specialists, CPD is permitted to assign respective credits.

REGISTRATION AND PAYMENT

Please register online at: https://facmed.registration.med.utoronto.ca/portal/events/reg/participantTypeSelection.do?method=load&entityId=1743177

For registration enquiries and cancellations: facemed.registration@utoronto.ca or 416.978.2719

Fees/Registration:
(Note: Friday workshop fee not included)

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<tr>
<th>Category</th>
<th>Fee</th>
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<tr>
<td>Early Bird Registration member and non-member on or before Oct 2/2019</td>
<td>$125 (plus HST)</td>
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<tr>
<td>Non-member after Oct 2/2019</td>
<td>$150 (plus HST)</td>
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<tr>
<td>Member after Oct 2/2019</td>
<td>$140 (plus HST)</td>
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<tr>
<td>Resident/Fellow/Allied Health</td>
<td>$75 (plus HST)</td>
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Registration is on a first come, first served basis. Please register early to avoid disappointment. Please do not make travel arrangements until registration confirmation is received. Refunds will not be issued for cancellations received after Oct 2, 2019. A processing fee of $60.00 will be retained on all cancellations. Post-dated cheques will not be accepted.

The Department of Otolaryngology-HNS, University of Toronto reserves the right to cancel courses. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses cancelled by the department will be refunded; however the department will not be liable for any loss, damages or other expenses that such cancellation may cause.

Accommodation

Please direct your room requirements to the hotel reservations department at the Double Tree Hilton. Their telephone number is 905.977.5000. They are conveniently located in downtown Toronto. Ask for the University of Toronto rate.

For Further Information:
Audrea Martin, audrea.martin@utoronto.ca, 416.946.8740
or Safia Amin, events.ohns@utoronto.ca, 416.946.8745